Mastering $S_TR_ES_S$ See page 6.

Professor doubts legality of enforcing UNO speed limit

Campus Security's use of a radar device to measure the speed of cars traveling along the circulation road has turned a few heads in the Criminal Justice Department

Gaylon Kuchel, professor in the Criminal Justice Department, said he doesn't believe Campus Security has the necessary authority to use the radar gun it acquired over the summer

Ticketing can only be done by a law enforcement officer, he said. Kuchel said state statutes define a law enforcement officer as an individual who is employed by a county or city or who is a deputy sheriff.

Charles Swank, director of Campus Security, said his officers are like police officers while on the campus. He said city police officers get their authority from the Nebraska Legislature, and

campus security personnel get their power from the Board of citizen's right to make an arrest. Regents, which controls the university

"The Legislature is a governing body, and the Board of Regents is a governing body," Swank said.

Swank said UNO's security officers have the same authority as UNL's police officers.

UNL's security officers all are commissioned police officers, meaning they carry weapons and can pursue suspects throughout the city if necessary, Swank said.

By law, Swank said, a police officer can arrest someone if there is a reasonable belief a crime has been committed. Also by law, he said, "any citizen of Nebraska can legally affect an arrest, but they have to know a crime has been committed. Swank said all security forces operate on the authority of a

Kuchel disagrees. "As I understand it," he said, "private citizens cannot arrest for misdemeanors," and speeding is a mis-

Campus security has no arrest power (for speeding)," Kuchel said, "You and I have as much authority."

Swank said UNO had the chance to make its security personnel commissioned police officers, but university administrators did not think it was necessary.

'It was not an illogical decision by the administrators," Swank said. He said the reason UNL has commissioned police officers is because it is a much larger campus that includes dorms and crimes that come with on-campus housing. "We don't have domestic types of crime," Swank said, "but that doesn't negate our responsibility."

Swank said Campus Security's job is to maintain public safety. He said Campus Security officers were hired on behalf of the university to maintain safety on the campus. "We can't have people doing what they please." Swank said," they must be

According to Swank, the basic issue is who is responsible for the safety of people on campus. He said the university is responsible, and Campus Security is the university's agent. Without security, the university would be more liable than it presently is for accidents and crimes committed on its property.

Speeding vehicles are a threat to public safety," Swank said. Kuchel said he wonders if stopping a car and issuing a speeding ticket are the same as making an arrest. If so, he said, that is illegal because private citizens may not make arrests for misdemeanor crimes

Kuchel said he also wonders about the fact that university property is considered private property. "A lot of Omaha citizens cut through university grounds," he said. "Can they be ticketed?'.'According to Kuchel, when a person receives a ticket outside of university property, he has the option of fighting the ticket in a court. He said no such option is available on campus. Swank said there is an appeal process that a person can go through if he receives a ticket from Campus Security. According to the 1986-87 parking regulations handbook, a ticket may be appealed within seven days from the day the ticket was issues: Appeals are reviewed by either the Student or Faculty/Staff Appeals Court depending on the person to whom the ticket was issued

Student Appeals Court representatives are selected by Student Government

The Faculty/Staff Appeals Court is make up of members selected by the Faculty Senate and the Staff Advisory Board. According to the handbook, persons not affiliated with the university can have up to two tickets per year cancelled. After the first two tickets, Swank said, those persons are responsible for paying any subsequent fines.

Swank said no one has been issued a ticket for speeding yet, but several verbal warnings had been given out; he added.



All together now

Instructor Susan Santamaria helps UNO wrestlers get loose with a new aerobic weight-training program, See story on page

CBA Advisory Board seeks student-administrative liaison

The College of Business Administration's Student Advisory Board is experiencing growing pains.

With 13 members and no visibility, the board seeks to grow and become the prime link between business students and administrators.

"This has been a formative year." said R.L. Kerrigan, president of the grou board is the brain-child of CBA Dean Larry Trussell. "Dean Trussell is the man behind it," Kerrigan said, "He is backing this organiza-

The goals of the group are varied. Its major aim is be a faculty-student link. Other goals of the group include: ensuring that the interestsof business students and their organizations are adequately represented in the college's decision making processes; to evaluate the quality of education in the CBA; and to provide assistance to business students:

Kerrigan, who also represents the CBA as a student senator, said the board hopes to be able to help business students with problems, whether coursework or administrative problems.

Elections for seats on the board will be held in conjunction with the general Student Government elections Oct. 20-23.

Kerrigan said two members from each class. including the graduate class, will be elected. A special ballot listing Student Advisory Board candidates will be given to business majors when they vote during election week, Kerrigan said.

Kerrigan said the board plans to do more for business students. He said the creation of a special newspaper geared toward CBA students will make people more aware of issues which may effect them. "I think the paper will be successful," Kerrigan said: The paper is handed out and mailed to business alumni, he said.

Kerrigan thinks the Advisory Board should fairly represent the majority of business students. In addition to members who will be elected later this month, a CBA student senator, the assistant CBA dean, any special appointees designated by the dean and a representative from each business-student organization will serve on the board.

Kerrigan said the "special appointees" are students who did not get elected but show a lot of interest in the group. "The more the merrier," he said. Plans call for 25 board mem-

Kerrigan said the group has high hopes for the future. "The dean has given us wide open approval to do what we want," Kerrigan said.

Penny Westfall, assistant CBA dean who will be a voting member of the board, said the dean is fully behind the group. Westfall said her job is like that of a faculty advisor who will provide input. "I'm the link between the dean's office and the students," she said. Westfall said she hopes the group's membership grows.

We want a diversity of people on the board," Kerrigan said. "It's important for students to get involved. Who better to make decisions concerning your education than yourself," he said. yourself," he said. """

Foreign Language Department obtains 'window on the world'

Professor Anthony Jung said that the \$2,000 spent on the Foreign Language Department's new video cassette recorder was absolutely worth it. The VCR was purchased last April.

It really is a fantastic tool," Jung said. "Students can get a better impression of other parts of the world." He said the videotapes are language builders that help students improve their vocabulary and cultural awareness.

Jung went to Braunschweig University with several students in the summer of 1985 as part of an exchange program. That visit, Jung said, brought about the videotape exchange that started this semester. "We can utilize anything dramas, news reports on local politics, the Berlin wall and the German economy," he said. 'Instead of a page to follow, we now have a window on the world.

Language is everything. It isn't just words and accent, but facial expression and action, Jung said, "This visual dimension has added

Videotapes will supplement rather than replace language classes and audio language labs,

The Foreign Language Department has sent tapes of American news and programming to Branschweig. With new smaller video cameras, Jung said, the department will eventually send videotapes showing campus life and the Omaha area.

The machine can play tapes of four different

styles of tape found around the world in both Beta and VHS, Jung said. The machine compensates for different tape widths and styles automatically. The recorder enables UNO's Foreign Language Department to exchange tapes with other universities in West Germany and South America; Jung said. Jung has about two dozen tapes of foreign language programs for use in classes and by individual students.

The video exchange is only part of a larger program, Jung said. Students and faculty members have been exchanged between UNO and Braunschweig University.

"I think that every student ought to have a foreign language in their background," Jung said. A second language can be used in nearly. every occupation today, he said. About 900 UNO students are studying a foreign language.

Like all the humanities, Jung said, the Foreign Language Department is on a tight budget. We've been doing the best that can be done with our resources," he said. "It's a matter of attitude." He said budget administrators cannot ignore the quality of UNO's Foreign Language Department.

There were 99 UNO students majoring in a foreign language last year, and 41 were minoring in one. The number of students majoring in a language has increased since 1981, there now are fewer students minoring in a foreign language.

More people are taking the addition classes and going for the full degree. We find that encouraging, Jung said.



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PLEASE NOTE: If you have not received a bill, be sure to call 554-2324 and ask for your balance, or stop at the Student Accounts Office, Eppley Bldg. Room 107.

Courses which are added or individuals who register after the beginning of the fifth week of classes must pay all tuition and applicable fees (such as lab fee, UPFF, change of program, late registration, late payment, etc.) before the Registrar's Office will process the addition of courses or registration.

SPECIAL NOTE: Any outstanding financial obligations must be paid in full to be able to register early in November:



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Sales Representatives will be asked to work approximately 10-15 hours per week. A knowledge of basic advertising sales, layout and rates is suggested, but not required. Transportation a must.

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Photo by Scot Shugart

Senior Annette Eager gives a practice presentation in German while professor Anthony Jung films her. The Foreign Language Department hopes to exchange such films with universities around the world:

NOTICE

Today is the last day to file for candidacy in Student Government's fall elections. The elections will be held Oct. 20:23.

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News Briefs

Study abroad

The 1987-88 competition for grants for graduate study abroad offered under the Fulbright Program and by foreign governments, universities and private donors will end Oct. 31.

Most grants offer round-trip transportation, tuition and maintenance for one academic year; a few provide only an international travel allowance or a stipend intended as a partial tuition payment.

Applicants must be U.S. citizens and have a bachelor's degree or its equivalent before the beginning date of the grant, and in most cases should be proficient in the language of the host country. Except for certain specific awards, candidates cannot have a Ph.D. at the time of application. Candidates for the 1987-88 competition are ineligible for a grant to a country if they have been doing graduate work or conducting research in that country for six months or more during academic year 1986-87.

Application forms and further information may be obtained from Jay Harris. Call 554-

Members needed
The UNO Chancellor's Commission on the Status of Women asks men and women who are interested in becoming commission members to apply now by writing to Deborah Kane, c/o the UNO Library.

The commission needs faculty and staff members and students to complete its membership. Applicants are asked to include telephone numbers so they can be contacted as soon as pos-

sible. Applicants also should include reasons why they would like to become commission members.

Job training overseas

Applications are due Dec. 10 from students who wish to work overseas. On-the-job training abroad is available for students of engineering, mathematics, architecture, agriculture and the sciences. Placements from eight weeks to 12 months are available for any of 48 different countries. For more information contact Jay Harris at 554-2293.

Legislative candidates

Pi Gamma Mu, UNO's social science hon-orary, will host a public forum with candidates for the Nebraska Legislature Oct. 13.

The forum will feature Sens. Chris Abboud, Glenn Goodrich and Gary Hannibal along with Denny Hensen, Sharon Beck and Bob Stock.

The forum begins at 7:30 p.m. in the Milo Bail Student Center ballroom.

Candidates will answer questions from a panel and from audience members. The event is co-sponsored by the League of Women Vot-

Internships available

The National College Internship Service of New York helps undergraduates and graduates obtain internships in their major field of study. Internships now are available for the December/January break and for the summer. For further information contact: National College Internship Service, 374 New York Ave., Huntington, N.Y., 11743. Phone (516) 673-0440.



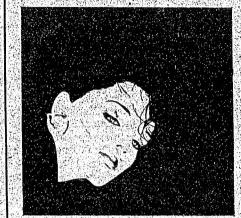
'All the world's a stage

Assistant professor Cindy Phaneuf and her Acting I class escape from stuffy classrooms to the lawn just east of Kayser Hall. The class was reciting monologues.



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For more information contact: Stacey Welling, fall editor

> Rosalie Meiches, Publications Manager

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Annex 26

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'I'm home.' 'Mutual Zone' traps runza stuffer at age 32

Submitted for your approval: A 32-year-old identity crisis on

A student too old for Esprit and too young for three-piece suits; a worker too tired to stuff runzas all fall and too nervous to sit behind a desk; a renter too frightened to live in Drake Court and too proud to move to Camelot Village.

Blood-shot eyes peer through a dirty windshild as Interstate 480 makes a desperate, careening jog to the north. The Leavenworth exit is up ahead. A right, a left, another left, and the baleful glow of the Big Indian lights a landscape not quite downtown, not quite Dundee. You've fallen through a six-lane crack into a nether-world called . The Mutual Zone, "Honey, I'm home."

4:30 p.m. Bus fumes and car horns crowd through French doors that open on Harney Street. A women lays on a yellow-green hide-a-bed reading "Glamour" with a phone cradled on her right shoulder.

"Hi. What kept you?"

"I had to wait 20 minutes for a parking place. When did they re-zone Dewey into a Mutual parking lot?"
"They're building a high-rise lot right after they tear down

the mortuary."

'Seems like an even trade to me.'

Les Apt crunches through the kitchen to the refrigerator. "Cat's been playing in her food again," he mutters, removing half the contents of the ice-box. He saves the other can of BEER

On the porch, Les is joined by the woman.

"Can you walk me up to the Health Club before class tonight?" she asks. "The bums are out."

"It's the cool weather," says Les, his eyes following two incredibly dirty men on the street below carrying silver garbage bags like a pair of post-apocalyptic Santa Clauses. "Their migratory route must take them past the tennis courts. Why don't they stay downtown? Don't they have to have permission to cross the Interstate?"

"They go where the aluminum cans lead them. It's a living, I guess. Just be thankful you've got a job.'

'I can't tell you how happy I am to be a 32-year-old runza stuffer. It's like being a 60-year-old newboy." Les wiggles his fingers under her nose. "Jeff lost one today in the cabbage.





shredder, Ring fing, left hand. It's just a matter of time. "No big loss for you," she reforts. "You'd never put a ring

on that finger anyway. "We're too young to get married."

"We're too old to live together.";

From the corner of his eye, Les notices again the eerie glow emanating from atop the brick monolith that dominates the

When he and the woman first moved to the neighborhood he jokingly called it the "neon nickel," but as the months passed he began to sense about the huge, brooding visage and its hideous war-bonnet a malevolence, an aura that radiated, day or night, with a kind of unholy inner light. It was as if the Native_ American's image had become a focal point for all the power of its perverse commercial distortion.

Sometimes at night, hovering between dreams and deep sleep, Les imagines that it has a message for him. Had it been a dream, or had he actually looked through his bedroom window last week to see its lips moving, speaking to him? What was it saying? "Change majors?" "Get a real job?" "That was my sister on

woman punches him lightly in the face. "Hello? Anybody home?" Startled, Les stares fixedly at the can of BEER in front of him. A mocking after-image of the Indian Head lingers just above

"Your sister? Ahh, well, how are things on the Golden Coast?" "We could be happy in San Fransisco, Les. You make fun of it because you've never been there, but it's beautiful,

"And I could get a job stuffing runzas in Chinatown." The women throws her "Glamour" at him and misses, knocking over the hibachi. The magazine falls open to an article on how to dress for the office and still catch the boss's eye.
"What's the matter with you?" she yells. "Where's your drive,

your ambition? You were never like this when we lived on 49th.

Less looks around involuntarily to see if any of the neighbors are out. Sure enough, Hal and Roger are sitting on the porch next door trying hard to pretend they aren't hanging on every word, Hal works at Mutual. He married Roger just before Christmas so he could bring him to the office party and show off their

"Honey, please, I'm sorry. Look, it's this neighborhood, something about it...

"Let's move then," she pleads. "We could live downtown!" "We can't afford downtown. We could maybe swing Drake Court, but I hate waking up to the sound of gun-fire. And I don't have the right clothes to move west of 72nd."

"I think you like it here," she says accusingly. "I think you enjoy watching the bums and smelling the grease from that stinking fried-chicken joint on Farnam and fighting for a parking place in front of our own building. I think you even like that?' she screams, pointing at the Indian on the Hill. "You're stuck here, Les, like a big, dumb animal that doesn't even know it's been caught. You're stuck. . .you're stuck. . .you're stuck. . ."

Late that night, after they've made up, Les lies staring at the bedroom ceiling, listening to the woman's deep, even breathing. Slowly, creeping like sleep, he realizes that he's lying in a poolof un-earthly yellow light, pouring through the window and pinning him to the bed like a macabre spot-light.

He can't tell if his eyes are opened or closed as he turns his head toward the window. The Indian looms before him as if seen through vaseline, its features shifting and changing until they resemble someone Les recognizes but can't quite place, a suspiciously benign face, ancient and wrinkled, with snow-white hair, and mustache.

Its lips are moving, and with a voice that Les has known since earliest childhood, it speaks.

"Jim and I certainly had our hands full with the giant monitor lizards of Borneo. But we had to wait 32 years for our greatest. adventure—stalking and trapping the world's most elusive prey.

A long time, but worth the wait.
"Welcome, Les. Welcome to...The Wild Kingdom."

Right's elders assess Reagan

Few journals of opinion these days bear the import, insights, and pure joy found in The American Spectator, Which is why, whenever this journal finds it useful to gather a symposium, the experience rarely fails to instruct and charm. Those seeking out "Two More Years: A Final Regan Agenda," then, will not be dis-appointed. But they may be stirred to do a little firm thinking.

Editor R: Emmett Tyrrell Jr. starts by noting, rightly, the curious wavering between unrecognition and outrage which seizes the opposition, whenever the subject of Mr. Regan; and his tenure is raised. How can it be, Tyrrell wonders, that those who wondered aloud about 'a has-been' who arrived straight from the 'discredited''. Goldwater, wing_suddenly win-

'It would be fine if the day were to come when the opinion makers rise up against any expanded federal activty, even as they now rise up against any threat to the free flow of pornography.

-William F. Buckley Jr.

ning the presidency, can really behave as though a) he does not exist; or, b) he is some sort of plot against decency. "The President's opponents," he writes, "take solace in poppycock, notably the canard that his success springs from seductive powers beyond the dreams of Casanova."

But Mr. Tyrrell also ponders. "Now the Reagan presidency is losing steam." Professor Irving Kristol concurs that this is an Administration which has lost its ideological momentum. The White House today is far more. interested in polishing the President's historical image than in any controversial issues of public policy. Perhaps, all this was inevitable. Administrations, like people, get worn out, tired, lose their verve (and, sometimes their nerve)."

But Professor Jeffery Hart thinks, on the other hand, that the victory is in. "In any infrequent moment of discouragement, try repeating the mantra, Rehnquist court, Rehnquist court, Rehnquist court. : Adam. Meyerson, editor of Policy Review, is likewise unwilling to raise the white flag: "I don't share the doom and gloom so many of my conserv-



ative brethren seem to feel about the Reagan Administration. President Reagan has had more influence on public policy in 1986 than in any year except 1981." But he thinks Mr. Reagan might pay stronger attention to three economic positions: budget restraint, monetary stability, and regulatory reform. (So, in fact, does Professor Kristol.)

Mr. Joseph Sobran of National Review sees the most significant triumph of Mr. Reagan as having altered "the contemporary political conversatic#,'' a phrase he attributes to George Will, and that Mr. Reagan's presence . Americans have different expectations of politics from those they had over two decades." Then, there is Mr. Eric Breindel of the New York Post, who thinks it wiser "simply to be suggesting things (Mr. Reagan) should not do during the remaining two years; or, perhaps things that should be undone." But it does not stop Mr. Breindel from suggesting a redefinition of the "homeless," from a housing question to a question of health, mental and otherwise

And, of course, there is William F. Buckley Jr., bringing into question the business of ver nacular, in speaking of the "Reagan agenda," as against the possible (or, "the dreamable") 'It would be fine if the day were to come when

the opinion makers rise up against any expanded federal activity," he writes, "even as they now rise up against any threat to the free flow of pornography. But would that be the consummation of the !Reagan agenda?? Or the consummation of the agenda of the Founding Fathers? The presumption is in favor of social, as distinguished from state; activity. But presumptions are never set in concrete, so that the Reagan agenda can never be consummated; where in the idle aspect of the question."

But you may rest assured, that while this sort of dialogue transpires amongst conservatives, inspiring their charges and fortifying their fellows, the other guys are tootling a variation of, "Were we really there, when this happened to us?" Forgetting, of course, thatfortunately—the Republic was there.





Which came first: the Beatles or the Wings?

It's time for me to graduate from this joint. Of course, after taking a midterm in my political science class Tuesday and a history midterm Thursday, I have my doubts whether graduation is a realistic possibility, but I have to try.

For one thing, they're letting too many children into the university. I'm not talking about the Child Care Center, either.

You want proof? OK, consider this. The other day, I was walking through Arts and Sciences Hall on my way to class. Suddenly, I heard a child of 20 ask an older student, "So, who came first — the Beatles or Paul McCartney and Wings? I always forget." The older student calmly set the younger student straight; but I had to wonder about the younger one's education.

Next thing you know, I'll have to explain to some wet-behindthe-ears kid who Bob Dylan is and why he was opening for Tom-Petty during a recent concert tour.

If that's not bad enough, I have to contend with the fact that most of these whippersnappers somehow managed to get driver's licenses. The new campus circulation road has become UN-

O's answer to Sunset Speedway.

A pedestrian doesn't have a chance against these aspiring Indy 500 racers. Once in a while, the pedestrian is fortunate enough to encounter a crosswalk. Unfortunately, most of the people driving on campus are going too fast to notice that cross-



To make matters worse, there are large gaps along the circulation road without sidewalks. The pedestrian has a choice: walk on the grass (or mud, as is usually the case), or take a chance and try to dodge the speeding cars. Either way, it's a no-win situation for the pedestrian. If a pedestrian tries walking in the road, she is probably going to end up as a traffic fatality. If the pedestrian walks in the grass/mud, she will probably slip. and lose her balance, thus sliding into the street and becoming

Life was so much easier when the kids saved their drag-racing for West Dodge Road.

Furthermore, I've been at UNO far too long. I realized that the day I mentioned a "Ray Mandery pencil sharpener" and no one knew what I was talking about. Mandery, a former student president/regent, ran on a platform that included the installation istration, as I remember, was a fairly quiet one — I'm not even sure he accomplished his goal of installing sharpeners in CBA.

"It's the stale air in buildings like Kayser Hall that's doing this to you," one person said, "Some of these buildings are like mausoleums. Breathing all that dead air in buildings without windows has to do weird things to your mind."

"Maybe it's too many years of contemplating university policies and politics," someone else said. "Remember the guy who ran for student president/regent by putting up posters with a picture of him in white tie and tails and two scantily dressed women draped over him? What about the guy who would go around grabbing pop cans out of your hands before you could even finish drinking?"

"But the pop-can guy never ran for student president/regent," I said. "At least, I don't think he did."

"Yeah, but if he did, I'll bet he would have won," the first person said. "He would have against the guy in the tuxedo, anyway. At least the pop-can guy was doing something for the campus. He may have been a pest, but ...

Just then, another student, a mere 19-year-old, asked if the pop-can guy was anything like the homecoming king.

That's the trouble with kids these days. They have no sense

Boone tops Elvis with exercise tape for 'mature adults'

I have in my possession a truly shocking-videotape. As many times as I have played it, I still cannot believe what I am seeing on the

The videotape is not pornographic or violent; quite the opposite.

It is an exercise videotape - an exercise videotape designed for "mature adults," which is the polite way of saying "old people."

In the name of the videotape is "Take Time With Pat Boone.

You read me right. Pat Boone — the 1950s teen idol who at one time went head-to-head with Elvis Presley in popularity polls among the nation's young people — is now doing exercises on tape for "mature adults."

I'm sure many of you recall Boone crooning such hits as "Love Letters in the Sand" and "April Love" while girls in the audience screamed and swooned. I happened to go to dancing school with one girl who got in trouble with her parents; she slept on a Pat Boone pillowcase, and her folks thought it was outrageous that her face should touch the image. of a male singer all night long.

But now, it turns out, Pat Boone is 52. He is a grandfather 11 times over. And he is working out for all the world to see on the "Take Time With Pat Boone" tape.

A Florida exercise expert named Connie Let-ney joins Boone on the tape, but boone is clearly

the star. In back of him and Letney are about a dozen "mature adults," all of them following Boone's dips and gyrations. The exercises, I might add, are all rather slow-paced and ginger.

I kept watching the tape, not believing my eyes, and finally I did the only logical thing: I called Pat Boone.

"Excuse me," he said, coughing, "I had a bran muffin a few minutes ago, and some of the bran must have lodged in my throat.

He said that he felt perfectly natural making an exercise tape for "mature adults."

"I've been an exercise nut my whole life," he said. "I started in grade school and never quit. Right now, I weigh only five pounds more than I did when I graduated from high school: When people ask me how I manage to stay looking so young, I tell them, 'Lots of milk, lots of exercise and a clean conscience.

Boone said that when the videotape company approached him, they suggested that the exercise tape be marketed for men and women 50 and older, "I disagree with that marketing plan," Boone said, "I think anyone over 40 can benefit from the tape.

He admitted that the exercises on the tape are a bit more subdued that on other best-selling exercise videos aimed at younger audiences. Even our music is different," he said. "Most exercise tapes have disco-type music, very high-energy music. Ours is more soothing. We



have a trio — drums, bass and a piano.

He is not satisfied with the way he looks in the video. "I wore the wrong tank top," he said. "They had a large and a medium. The medium felt too snug. I have a little bit of extra weight on my love handles on the sides, so I chose the large tank top. But I feel it makes me look less fit than I really am.

 He admits that he has some trepidation about. what the tape may do this image.

'I've been approached many times about doing promotions for grandfather-related products," he said. "I'm not ashamed of being a grandfather over 50 and having 11 grandchildren. But I thought that if I started doing

that might limit me. In the end, though, I decided that I would do the tape.

He can take pride in one thing: His old competitor, Elvis Presley, never made an exercise

"Elvis, was 'never very, firm muscularly, Boone said. "At one time he studied karate and even had a black belt, but he was never a guy to work out in gym or get the proper exercise: Toward the end of his life he got so terribly out of shape.

"Elvis and I performed on the same bill together once. It was in Cleveland, at the very beginning of both our careers. He came backstage and I introduced myself. I offered my hand. I still recall what a limp handshake Elvis had. And he was so ill at ease. He mumbled and wouldn't look me in the eye. I remember thinking, This guy can't possibly make it in show

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Features

'People can control responses to stressful situations'

By KAREN NELSON

2 One person eats, smokes and drinks too much, Another person can't speak in public without forgetting lines. Still another person sleeps more than usual,

All these people are reacting to stress.

Handling, stress was the topic of two UNO workshops Oct. 3. One workshop, conducted by Rusty Crawford, coordinator of Counseling/University Division, and the Rev. Nancy Phillips of United Christian Ministries, was part of the College Survival Seminar series. The other workshop, conducted by Kathy Bustos, a stress-management specialist affiliated with Omaha Psychiatric Associates and the N.U. Medical Center, was sponsored by the Women's Resource Center as part of its open-house week.

'Stress positive, too'

Fifty years ago, people did not think of stress as they do now, Crawford said. "Stress deals with tension and pressure. For example, the beams holding up a ceiling are under stress," he said. For most people, he added, stress now refers to the way people react to tension and pressure,

"Almost automatically, everyone thinks of it as a negative," Crawford said, "Stress exists almost from the moment we're born until our death. But, if there's negative stress, guess what - there's a positive side, too."

Crawford asked the audience if anyone had ever acted, given a speech in public, participated in athletics or otherwise performed before others. Several hands went up.

Stress occurs in those situations, he said. "If you don't have stress to energize you, you're flat" and don't perform as well, he said. "If there's too much stress, you get stage fright, throw airballs, forget your lines," thus immobilizing the performer.

Reactions differ

People cannot always control how much stress they are under or the situations that cause stress, Crawford said. "We don't necessarily control what happens —-but we can control how we respond to it," he said: "Stress is something we do to ourselves.

Reactions to stress vary, Bustos said, "Some people say they never get angry," she said. "Talk about denial." People who deny anger are usually "not into feelings but intellect," she said." Other people have cold hands, an increased heart rate and muscle tension in the neck, shoulders and jaws, she said.

Phillips said people react to stress by crying easily, yelling at others at inappropriate times or for inappropriate reasons, or getting sick easily. 'I tend to sleep and hope it will all go away,'

Phillips said. Crawford said he "reacts inappropriately" by smoking and drinking too much coffee.

Each participant in the College Survival Seminar workshop was given a scale rating the amount of stress potential life changes" can cause. "Death of a spouse," the highest-rated "life change," was worth 100 points; "minor violations of the law," the lowest-rated, was worth 11 points.

Participants circled the point value of each "life change" affecting their lives, then added the points together. Those having between zero and 100 points were said to be in a "rust-out" state. "You probably aren't doing much, you aren't busy, and you need to say yes to a few more things," Phillips said. "I don't know anyone in that state."

'Tie a knot and hang on'

Those who have between 300 and 500 points are in a "burnout" stage. "You're doing a lot of things, and need to say no occasionally," Phillips said.

Those who have scores of 600 or more points are in a "blowout" stage. "You need to opt out of some things, tie a knot to the end of your rope and hang on,"Phillips said. People in the"blow-out" stage should avoid making major changes at that point in order to avoid more stress, she said. "Right now, that's the last thing you need."

The area between "rust-out" and "burn-out" is one of "optimal stress or change," Phillips said. "That's why I wait to write my Sunday-morning sermon until Saturday night — I need a certain amount of stress" to function, she said.

Bustos said such scales do not always tell the whole story. 'In 1980, I was going through a career change, got married, and had female problems which eventually led to surgery," she said, Bustos, added up her score on a life-change scale at that time and scored almost 800.

"You may be scoring high on those tests and still handle stress well," Bustos said. "I have also seen people score 100 (a low -score) and feel out of control of their lives. We are always faced with changes and we have to adjust."

One way to learn to adjust to stress is to manage time more effectively, Philips said..."Control means setting priorities," she said. Tasks can be divided into ".'A' tasks, which need to be done right away and look overwhelming, 'B' tasks, which are important, but smaller and appear more possible, and C'tasks, which could be filed in the 'round file,' but they make you feel like you're doing something;" she said.

Once priorities are set, "'A' tasks" can be broken down into



a series of less-overwhelming "B' tasks," Phillips said. For example, a term paper — an "A" — can be broken down into separate tasks, such as library research, writing a rough draft and typing the finished product, she said:

'Just say no'

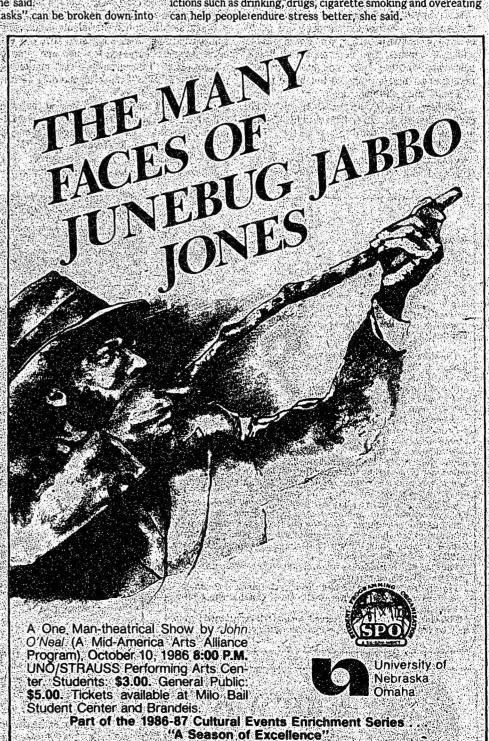
"Take some time off once in a while," Phillips said. "Another option is to quit" school, work or other commitments and take the time to re-evaluate priorities, she said. "Learn to say no once in a while."

Crawford said that the way people talk to themselves is also important. "We all talk to ourselves," he said. "Do you know what's worse? We all talk back."

Most "self-talk" are self-put-downs, he said. "I never say, 'Crawford, you're the greatest,' "criticizing himself instead, he said. "I need to learn to change that."

Bustos said people can better tolerate stress learning to accept life the way it is. "Things can change; but they do so slowly," she said. Exercise, a balanced diet and avoiding addictions such as drinking, drugs, cigarette smoking and overeating can help people endure stress better, she said.





Funny 'Shoestring and Wire' showcases UNO talent

Well, there are still some great ones here, but quite a few can-be found at Joe and Judy's in the Circle Theatre's latest production, "Shoestring and Wire."

Written by Douglas Marr, one of the most prolific and talented playwrights UNO ever turned out, "Shoestring and Wire" is a hilarious murder mystery (?) that takes advantage of the Joe and Judy's "Diner" Theater setting to tellthe story of Edie, owner of E die's Cafe and

Where have all those terrific UNO actors picker of horses. Played by Rosemary Ann Fitzgibbons, the only word to describe Edie is "moxie." After the death of her first husband she acquires the psychic ability to pick races; but just certain races, and she can only place small bets.

Directing is Barbee Davis, who earned her master's at UNO, and she keeps the pace almost disconcertingly brisk. If we had an hour we could talk about everything Davis has done in local theater, but we don't, so we won't.

Laura Marr, Doug's wife, plays Ruth, the addled but preternaturally sensitive kitchen helper who helps out in more ways than one. Laura Marr has been in more UNO productions than much of the UNO theater itself, and continues her long strong of convincing and truly funny characterizations.

prath, long a mainstay of UNO productions and now staff member of the Emmy Gifford Children's Theater. (Thank goodness someplace spells "theater" correctly in its name.) Kamprath is simply one of the finest actors in town ... versatile, accomplished and completely at ease on stage. Kamprath's Paulie is despicable, absolutely correct. His entrance starts the sometimes violent action in the play, which culminates in a murder, sort of.

You see, Marcel, played by Keith Allerton, is sent to kill Edie because she wins too much at the track. Actually, she doesn't win too much; everybody else does because Ruthy. wait, I can't tell you that. Well, Marcel is sent by Mr. Greenbaughm, who is really ... wait, I can't tell you that either: Anyway, Wes Clowers plays Mr. Fisher, who just stops in for a Coke. Clowers is a product of the UNO program who has become the premier makeup and mask man in town, which should by rights mean he's a terrible actor, but he isn't. He's excellent, and when he ... wait, I definitely can't tell you that. But when Johnny Marie, who is Paulie's girl friend, played by Susan McKenzie, gets sick, Paulie does her a favor by whooo, boy, there's not a lot I can tell you about this show except you have to see it.

Ten bucks gets you dinner and the show; six bucks show only. Joe and Judy's Cafe is at 6064 Maple St. For reservations call 342-6442

And make sure you hold on to your seat, because when Marcel takes his shoe off aw, see for yourself.

DAN PRESCHER

This Week

FRIDAY 10th

- Student Programming Organization (SPO) Fall Film Festival, "1984," Eppley Auditorium, 7 and 9:30 p.m. Friday and Saturday. Student, faculty and staff admission \$1; general admission \$1.50.
- TUITION IS DUE TODAY.
- · Season of Excellence Major Event, "The Story of Junebug Jabbo Jones," Strauss Performing Arts Center, 8 p.m. Student admission \$3; general admission \$5.
- Chapter Summary Bible Study, Gallery Room, third floor Student Center, 11 a.m.
- Women's volleyball, Lady Mays vs. Mankato State, UNO Fieldhouse, 7 p.m.

SATURDAY 11th

- "Galileo," University Theater, Arts and Sciences Hall, 8 p.m. today and Sunday. Student, faculty and staff admission \$4; general admission \$5.
- Jazz Ensemble I concert, Strauss Performing Arts Center, 8 p.m. Free for UNO students; senior citizen and student admission \$2; general admission \$3.

SUNDAY 12th

- SPO Fall Film Festival. "A Clockwork Orange," Eppley Auditorium, 4 and 7 p.m.
- Soccer, Mavericks vs. Iowa State, Al Caniglia Field, 2 p.m. · UNO Choir concert, Strauss Performing Arts Center, 8 p.m.

MONDAY 13th

 Legislative candidate forum, co-sponsored by Pi Gamma Mu and the Omaha League of Women Voters, Student Center Ballroom, 7:30 p.m

TUESDAY 14th

Adult Children of Alcoholics meeting, Omaha Room, third floor Student Center, 11:30 a.m.

WEDNESDAY 15th

SPO Rising Star Series, Who's Driving, country band, Student Center Mall, 11 a.m. to 1 p.m.

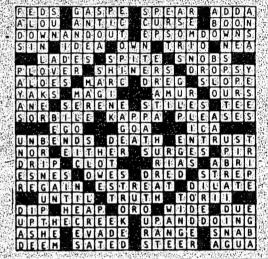
THURSDAY 16th

Sign-up for career placement interviews, Career Placement-Center, Eppley Administration Building Room 111, 7 a.m.

FRIDAY 17th

- SPO Fall Film Festival, "Diva," Eppley Auditorium, 7 and 9:30
- "Galileo:" University Theater; Arts and Sciences Hall, 8 p.m.

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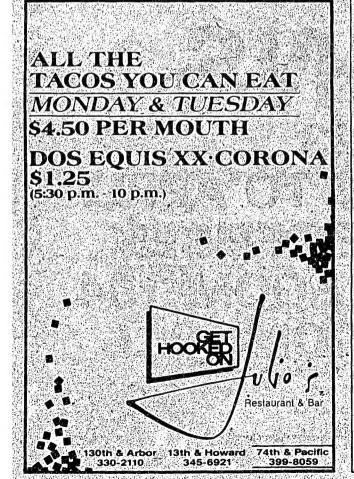
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Sports

Mankato State looms as 'huge' obstacle for UNO

By TERRY O'CONNOR

The Mankato State Mavericks loom as a "huge" obstacle Saturday as the UNO football team travels to Mankato, Minn.

At first glance, Mankato State's 1-3-1 season record isn't very impressive. The Mavericks won their first game last Saturday by walloping winless North Dakota University 43-10. However, UNO Coach Sandy Buda says the Mankato State's season record is misleading due to the strength of its schedule.

"Mankato State is a scary football team, Buda said. "They are huge on offense and defense. They are by far the biggest team we will have played, and they may be the biggest team we'll play all year."

Mankato State averages 250 pounds per lineman on both offense and defense. Senior de---logg touchdown run in the third period stand fensive tackle Ted Elliot is the largest Mankato up for a 7-6 victory over Mankato State. UNO

defender at 6-foot-6 and 280 pounds. Scott Annexstad heads the offense from right guard, tipping the scales at 270 pounds.

Mankato State opened the season against Division I-AA Northern Iowa, which was forced to come from behind to eke out a last-second 16-16 tie that knocked it from its No. 2 ranking: Losses to Division I-AA Western Illinois, defending Division II champion North Dakota State and archrival St. Cloud State followed for Mankato State

'Minus the skill people, Mankato State was as good as North Dakota State last year," Buda said. "They are much better this year, but their record doesn't show it because they have played the toughest schedule in Division II.

Last year UNO made a 1-yard Gerald Kel-

owns a 4-0 series edge over Mankato State. Last year Mankato State finished 5-6 overall and tied UNO for sixth in the North Central Conference with a 4-5 mark.

'Mankato State had three people in their backfield rush for over 100 yards against North Dakota," Buda said. "This is a helluva 1-3

Mankato State piled up 607 yards in total offense against the Fighting Sioux, 537 yards coming on the ground. Greg Von der Lippe has been moved from flanker to quarterback in a move that Buda says helped bolster the Mankato State rushing attack.

Some of the injured UNO players are begin-

ning to heal, and the Mays are closer to full strength than they have been for some time, according to UNO trainer Mark Kwikkel.

Tight end Brad Beckman will be X-rayed this weekend and may be ready for action. Tim Williamson's fractured rib has healed enough for him to play against Mankato State.

At running back, Steve Macaitis and Gerald Kellogg are slowed by knee injuries, but should play, Freshman sensation Rich Gales' shoulder was not re-injured last week and should permit. more playing time Saturday.

"They'll be tough to run against," Buda said: "They've got big, physical linebackers. We're in for more smash-mouth football."

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Photo by Scot Shugart

Keith Coleman, No. 91, blitzes for one of his four quarterback sacks against St. Cloud State.



Singles & Doubles



20 OOT BEGINS

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Aerobic weight training 'peps up' May grapplers

One of the toughest things in coaching athletics is guiding your team out of a slump or bad period in the season. Last year, UNO Wrestling Coach Mike Denney hit upon a solution

that might help the Mays for years to come.
"We were in a slump," Denny said. "And I was looking for a change for the team. Wresfling is a long season, with 100-plus practices. I was hoping to generate some enthusiasm,"

Denney enlisted Susan Santamaria in the quest to make those long practice hours more palatable. Santamaria has a masters degree in exercise science from UNO. Together they came up with an aerobics weight-training pro-

gram.

"A couple of wrestlers were involved in aerobics already," Denney said. "And they got a good workout from it, so I was interested. It helps break up the drudgery of running and working out with good music and dancing."

The Maverick wrestlers work out three times a week for approximately 45 minutes under Santamaria's guidance, followed by 20 minutes of aerobic weight training. "Aerobic weight training concentrates on building

said. "You use only a low percentage of what the players can lift in these exercises.

The results have not been scientifically measured but Denney feels the program already is a success. "It's pepped us up, and the players feel good about it."

Specific aims for the program include gains in both endurance and flexibility. "A wrestler finds himself in all sorts of positions," Denney said. "The more flexible you are the less susceptible you are to injury, because a supple musscle is stronger.

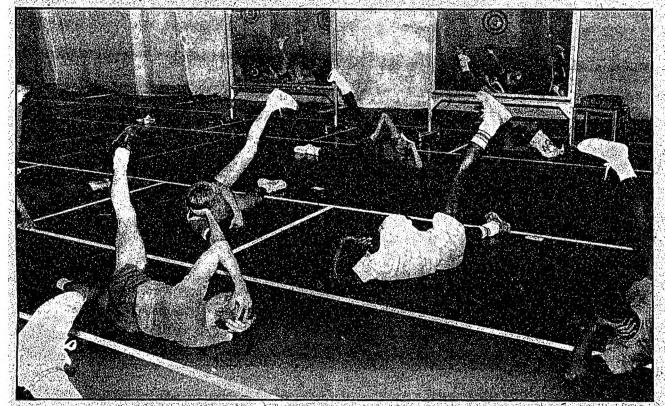
"Weight training really tears your body down. Then you rest and it builds back stronger than before. Since most athletes are tightly muscled, we're trying to loosen ours up and maximize the benefits of weight lifting," he

"When we started this program last year about six weeks before the conference tourney, we went and wrestled in that tourney better than we had all year. I think we may have a new thing here,



Photos by Scot Shugart

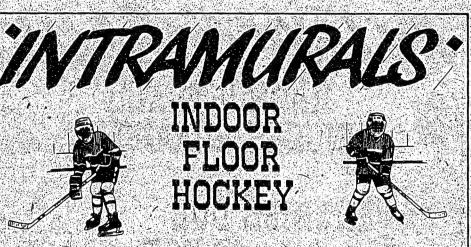
Aerobics break up the drudgery of May wrestling workouts.



UNO wrestlers hope aerobics let them get a leg up on the competition.



UNO Wrestling Coach Mike Denney, rear right, joins in stretching before aerobics.



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Mets to breeze into World Series vs. Boston

Editor's note: last week Eric hit on 89 percent of his predictions. For see game and won't play this week

October is upon us and football season is in full swing. But Major League Baseball is winding its season down and soon it. will be World Series time. Whether you're a baseball fan or not the World Series is certainly an event worth watching.

Both the American and National leagues have begun their respective Championship Series, with California facing Boston in the A.L. and Houston meeting the Mets in the N.L. While Boston may have some trouble with the Angels, New York should breeze into the Series with a four-game sweep of the Astros. Look for the 1986 World Series to feature the New York Mets. versus the Boston Red Sox; with the Mets coming away vic torious in six games.

Following is a look at some of this week's college football

Michigan State at Michigan — The Spartans were defeated by Iowa last week after Michigan State blew a first-andgoal situation on Iowa's 5 yard line late in the game. The 24-21 loss wasn't the only bad news for Spartan rans — All-American tailback Lorenzo White suffered a sprained knee during the

Meanwhile, Michigan has been steadily improving and is coming off an impressive 34-17 victory over Wisconsin. The Wolverines look to be too tough to handle at home tomorrow. Michigan, 31-20.

Georgia at LSU — The Bulldogs were almost upset last week by Mississippi but managed to hang on and win 14-10,

Football Picks

Predictions and Comments By Eric Lindwall

while LSU beat Florida 28-17 in what was expected to be a closer game.

LSU has without a doubt the greatest home-field advantage in college football today, as will be evident in Baton Rouge Saturday night. LSU, 24-17.

Arizona at UCLA - The Bruins continue to be one of the most overrated teams in the country, despite the fact that the only teams UCLA has beaten are San Diego State and-Long fayorite over Arizona State, but, as expected, lost by a score of 16-9. The Bruins again are favored, but that's only because they're playing at home. Arizona, 21-10,

Oklahoma State at Nebraska ---- Although the dose of humility the Huskers received last week probably shook the team into realizing each game is a contest, it almost cost Nebraska its undefeated record.

Indeed Tom Osborne's crew was downright lucky to depart Columbia, S.C. with a victory last week, and one can be reasonably sure that the players have had their attitudes "adjusted" over the course of the week poor Cowboys. Nebraska 42-

UNO at Mankato State - The Maverick offense proved the skeptics wrong and scored three touchdowns en route to a 24-7 victory over Saint Cloud State before the Homecoming crowd last weekend.

UNO takes its show on the road tomorrow as the Mavericks head north to Minnesota to face Mankato State. Look for the Mavericks to put together their second consecutive victory in preparation for a home matchup next week against Augustana.

Other games this week include: Oklahoma 30, Texas 17; Iowa State 27; Kansas 24; Colorado 28; Missouri 21; Iowa 35, Wisconsin 14; Texas A&M 38, Houston 17; Ohio State 44; Indiana 13; Arkansas 34, Texas Tech 10; Notre Dame 28, Pittsburgh 14; Maryland 33, Boston College 21; Florida State 42, Tulane 7; Baylor 34, SMU 31; USC 24, Washington State 10; Illinois 31, Purdue 24; Auburn 31; Vanderbilt 17; Air Force 24, Navy 23; Miami 56, West Virginia 16; TCU 34, Rice 20; Minnesota 27, Northwestern 21; and Yale 24, Colgate 20.

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NCC honors Nuzum

Senior UNO volleyball star Allie Nuzum won the North Central Conference player of the week award for the second time this season for her part in the Lady Mays drive to the North Dakota State Invitational title.

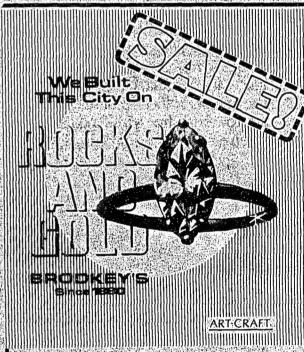
Nuzum bettered her school record of 28 kill spikes in a match by slamming 29 against North Dakota State in the championship

Nuzum totaled 51 kill spikes, 49 digs and 13 service aces in the four UNO victories. She was one of four UNO players named to the Invitational all-star team along with Lisa Lyons, Lori Schutte and Angle Oswald.

In addition to her school record, Nuzum broke three NDSU Invitational marks: Her 29 kill spikes against NDSU and 68 attacks were both new records. She also shared the digs mark of 22 with Lyons.

"'It was good for us to see this type of competition," Goach Janice Kruger said. "It brings out the best in the girls and keeps us on top of our game.

The Lady Mays entertain Mankato State tonight in a match slated for 7:00 p.m. St. Cloud State will test the Lady Mavs Saturday afternoon in the UNO Field House at 1:30.



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